

Author of three books of poetry: *Surfacing* (2018) and *What the Owl Taught Me* (2020), both published by Lapwing Poetry. Her third book of poetry – *Seasons in the Sun* – was published by *Gwasg Carreg Gwalch* on 15 September 2023. *What the Owl Taught Me* was Poetry Kit's Book of the Month in June 2020 and one of *North of Oxford's* summer reading recommendations in 2020. Anest has been widely published in literary journals and anthologies, both online and in print, and placed in several writing competitions, winning one. She was the editor of the webzine *Nine Muses Poetry* from 2018-2020. She was a nominee for Best of the Net 2021.